Richard Brodsky’s
JOURNEY OF HOPE
2021
RE: World AIDS Marathon + 4 orphan dinner dances + medical care for orphans

On World AIDS Day, Dec 1, 2021, the Richard M. Brodsky Foundation, a 501(c) (3) public charity will be sponsoring its 15th annual World AIDS Marathon. Donations for the World AIDS Marathon will go towards funding orphan dinner dances, providing medical care and medicine for 800 – 1,000 orphans at 4 orphan dinner dances and improving the lives of people living with HIV in Kenya. In 2021 I received two grants from the Theresa Alessandro Russo Foundation for funding 5 art lessons and a concert for special needs kids. I asked for 80% funding because generous donors like yourself have been very kindhearted over the years. In addition to the marathon, international participants will share 8 meals with special needs kids, local artists & musicians, and doctors & hosts for dinner dances.

Since 2004, the Brodsky Foundation, with your help, has donated $561,000+ in goods & services for helping people, especially children living with HIV or cancer, in Africa & America. Donations have also funded 41 festive orphan dinner dances for 11,242 Kenyan orphans, AIDS & cancer research, free concerts, 18 local 5K running events (4 were free), toys for children living with HIV and/or cancer & toilet/bag items for people living with HIV or cancer on Long Island.

In addition, medical care and in many cases lifesaving treatment has been provided for 2,711 orphans treated at the orphan dinner dances since 2011. Placing a value on this work is not plausible. 3,500+ people were tested for the AIDS virus at the World AIDS Marathon since 2006. One of the groups testing reported HIV+ results in more than 28% of those tested, while on Long Island, the comparable rate is 1%.

Why I started the Foundation back in 2004? I was diagnosed HIV+ in 1997. In 2002, I was diagnosed with brain cancer and given 2 – 4 years to live. I promised my wife Jodi that if I survived cancer with her help, I would do everything I could to help people, especially children, living with HIV or cancer. There are still 650,000 people dying from AIDS every year. I recently turned 68 years young. 8 of my last 19 marathons have been my fastest since my cancer diagnosis. I think that people, even those living with HIV and cancer, can reverse their aging process if they lead a healthy lifestyle. On July 23, 2017, I finished the Nova Scotia Marathon in 4:00:53. Finally after running 56 marathons at age 65 I qualified to run the Boston Marathon with my marathon-running-loving wife,

For people living with HIV or cancer: exercise, eat healthy, don’t smoke or drink alcohol, and never have unsafe sex if you and your partner are not committed to a monogamous relationship. To government, business and society, “people living with so-called fatal illnesses can lead healthier productive lives if we have affordable access to doctors and medicine.”

For the following donations, sponsors will receive: $50, a copy of the book, Richard Brodsky’s Journey of Hope, $100, your names will appear on the post-Event T-shirt, $200, your logo and link to your website will appear on the World AIDS Marathon website plus 2 t-shirts, $500, co-sponsor an orphan dinner dance for 250+ orphans, and receive all the promotional benefits as the smaller donor categories. Certificates of Appreciation for the World AIDS Marathon will be sent to anyone donating $25+. Kindly complete the attached sponsorship card and return as noted. Cash donations should be received preferably by November 23rd.

People in our very own and global communities are counting on you and me to make a difference in their lives. Please join me in my fight against AIDS and cancer. Thank you on behalf of all people afflicted with HIV and cancer.

Very Truly Yours,

Richard Brodsky, President
Richard M. Brodsky Foundation

www.richardmbrodsky.org Foundation website
www.worldaidsmarathon.com marathon website
www.treblue.com book website
www.5kaidscancer.com 5k run/walk in America website
Prominent Groups and Individuals Who Have Expressed Support of the Foundation

President Barack Obama - AIDS is the worst public health crisis in human history, and finding a cure is a priority of mine. But government cannot fight AIDS alone. People like you are invaluable working at the grass roots to show the human face and spirit that I believe will ultimately defeat AIDS. I wish you all the best for a successful race.

President Bill Clinton - The HIV/AIDS epidemic is one of the most urgent problems of our time and it needs the voices, energy, and involvement of people like you.

United States Senator Ted Kennedy - I wish you all the best in your continuing battle against HIV/AIDS and I commend you for all you’re doing to raise money for a cure.

Congressman Thomas R. Suozzi - I thoroughly wish you all the best in your continuing battle against HIV/AIDS and I commend you for all you’re doing to raise money for a cure.

Former United Nations Special Envoy to HIV/AIDS in Africa, Stephen H. Lewis - I wish you every triumphant success. There can be no objective on this planet more worthy than to overcome the pandemic of HIV/AIDS.

Nassau County Executive Laura Curran - Richard Brodsky's story is one for the ages. This man not only overcame HIV and brain cancer, he also runs multiple marathons and travels annually to Africa to bring nutritious food + health care to children. He is truly an inspiration!

Michael Nyagah Mainge, Nakuru, Kenya - But a prophet is coming. It is said that a prophet is not recognized in his homeland. Richard Brodsky (read AIDS prophet) is flying from his homeland for a purpose - to continue with the awareness that is slowly sliding to oblivion. Are we going to heed his call or despise his noble efforts?

Ronald Fatoullah, President of the NY Chapter of the National Academy of Elder Law Attorneys 2018 - A heartfelt thank-you to Richard and Jodi Brodsky and the Richard M. Brodsky Foundation for their exceptional efforts in fighting HIV/AIDS and in assisting those with brain cancer. Richard, your life history is truly an inspiration to all of us!

Dr. Anton Berzins, Great Neck North High School, school psychologist - It’s easy to bring out the best in our students when we focus our energies on a worthy cause, and a wonderful human. The kids see your generosity, kindness, and perseverance, and respect that.

Harvard Medical School, Dr. Bruce Dezube - Yours is a beautiful message of hope.

Mike Polansky (President of the Greater Long Island Running Club) - There is no harder working team of race directors on Long Island than Richard and Jodi Brodsky.

Geri Barish, Exec. Director of Long Island Breast Cancer Action Coalition (Hewlett House – cancer resource center) - Thank you for the wonderful work you do for the AIDS & Cancer Community. Through your awareness programs, runs and other events you have brought a positive and educational awareness to so many.

Professor Asher J. Matathias, President Long Island Lodge#1353, B’nai B’rith - May the Almighty grant you good health, much love, and the will to continue your work. You are a beacon for people living with HIV and cancer.

Reverend Wanda Meyers, Living Hope Fellowship of Massapequa - I pray God’s richest blessings upon you as you continue to make a difference in the lives of others. You have certainly made a difference in mine.

Dr. Bruce Hirsch, North Shore University Hospital - Your marathoning is a living inspiration. When I see you run, I smile and start to jog myself.

Mayor Jean Celender, Village of Great Neck Plaza - I wish to commend Richard on his remarkable journey to encourage people living with HIV and cancer to live healthy productive lives. You are inspiring many and making a difference in the fight for a cure.

Jerry S. Laricchiuta, CSEA President of Local 830 Nassau County - Richard Brodsky is an unbelievable champion for those who suffer from illnesses such as AIDS and cancer. Support his cause, he is the real deal.
Richard M. Brodsky Foundation’s Mission: To improve the lives of people, especially children, living with HIV & cancer in Africa & America + raise awareness that 2/3 of the people dying from AIDS live in sub-Saharan Africa. A LACK OF DOCTORS, MEDICINE, AFFORDABLE HEALTHCARE, EDUCATION, CLEAN DRINKING WATER & NUTRITIOUS FOOD COMBINED WITH AN ABUNDANCE OF POVERTY, HUNGER, MALARIA & TUBERCULOSIS is the reason why 1 child in 23 will die before they are 5, as per UNICEF, and one of the leading causes of death is hunger.


Thank you race director Joseph Ochieng, & ATHLETICS KENYA for organizing the marathon.
The Richard M. Brodsky Foundation will be sponsoring its 15th annual World AIDS Marathon in Kisumu, Kenya on World AIDS Day, 2021. November 27, 29, 30 & December 2, the Foundation will be sponsoring 4 orphan dinner dances for 800 - 1,000 Kenyan orphans plus providing medical care. Since 2006, the Foundation has sponsored 41 orphan dinner dances for 11,242 orphans; since 2011, 2,711 orphans were examined & treated at the dinner dances. We are seeking runners & sponsors to make this a successful Event. The Richard M. Brodsky Foundation would like to think of itself as a mini-Doctors Without Borders, except we have two advantages. Not only do the doctors, nurses and therapists get to examine & treat the orphans, they get to dine & dance with them plus run with the Kenyan on World AIDS Day in a marathon, half marathon or 5 person half marathon relay. For a $160 registration fee, runners, join us also on Nov 25, 26, 30 & Dec 3 for a special needs art project for kids / lunch, meet & greet dinner, pre-marathon dinner, + concert for special needs kids / lunch.

Visit www.worldaidsmarathon.com & click register and/or donate for 2021 World AIDS Marathon.
The video, Racing to Take the COVID-19 vaccine, [https://youtu.be/L9p-MvADYKc](https://youtu.be/L9p-MvADYKc) is a plea for everyone to take the vaccine. I'm 68, HIV+ and a brain cancer survivor. 6 weeks after taking my 2nd COVID-19 vaccine I ran my fastest marathon (right) in the past 20 months. The video is also a plea for America to share its vaccine with poorer countries. 30 presenters from diverse backgrounds share powerful messages to end this global pandemic.

... or as Jodi Brodsky (above) says, ‘we need to get our life back to the wonderful world we had before COVID-19. Get vaccinated, don’t wait, don’t hesitate, vaccinate. Thanks Dr. Casilda Balmaceda, Dr. Richard Sartori, Dr. Tarika James, Eunice Owino, Great Neck North High School, Jameelah Aziz, Jodi Brodsky, Joseph Ochieng, K. Brent Hill, and Reverend Wanda Faye Myers (right) for participating in the video and video editor / co-writer Akarsh Lal for writing video.
Thank you Eliud Kipchoge for your thoughtful, encouraging message to me in the video World AIDS Marathoners Love Affair With Kenya. My wife Jodi and I will be back to run the 15th annual World AIDS Marathon in Kisumu, Kenya.

Help support the Richard M. Brodsky Foundation’s work by making an Amazon purchase, click here. Same price as buying from Amazon. Amazon donates 0.5% of every dollar you spend to the Richard M. Brodsky Foundation, a 501 (c) (3) public charity, but only if you register my Foundation via the above website.
15th annual World AIDS Marathon sponsored by only person in the world who runs marathons & is living with HIV + brain cancer + running Albany, NY Marathon to help end AIDS epidemic in NY State


The Richard M. Brodsky Foundation’s Mission Statement is heartwarming in many ways: To improve the lives of people, especially children, living with HIV and cancer in America and to raise awareness that 2/3 of the people dying from AIDS live in sub-Saharan Africa.

A LACK of DOCTORS, MEDICINE, AFFORDABLE HEALTHCARE, EDUCATION, CLEAN DRINKING WATER & NUTRITIOUS FOOD COMBINED with an ABUNDANCE of POVERTY, HUNGER, MALARIA & TUBERCULOSIS is the reason why 1 child in 23 will die before his or her 5th birthday. According to UNICEF, the leading causes of childhood death are poor or nonexistent medical care, malnutrition and hunger. To these ends, the Richard M. Brodsky Foundation has sponsored and provided for the following groundbreaking projects:

- Co-sponsored with Kenyan partners or sponsored 14 World AIDS Marathons in Kisumu, Kenya
  - 41 festive orphan dances for 11,242 Kenyan orphans since 2006
  - Concert in Kenya in 2006 + meals, lodging and transportation for 50 Kenyan runners
- Medical care & medicine for 2,711 Kenyan orphans since 2011 which saved the lives of 900+ orphans.
  - $30,000 in prize money for the fastest runners, a modest amount for Kenyan runners.
  - 12 children’s walks for 3,200 children
- HIV-testing for 3,500+ people (provided by others at World AIDS Marathon Event)
- $2,000 which was enough money for groundbreaking for a 60 bed orphanage in Nakuru, Kenya.


Donations are greatly appreciated and may be made by visiting www.worldaidsmarathon.com and click DONATE or mail to address at top of page. Photos of World AIDS Marathon and related events can be seen on the marathon website.

Printing donated by Maidenbaum Property Tax Reduction Group, LLC  516-336-8622
**SCHEDULE OF EVENTS IN CONJUNCTION WITH WORLD AIDS MARATHON**

8 meals including 4 orphan dinner dances + meet & greet dinner + pre-marathon dinner + lunch at special needs kids painting session + lunch at special needs kids concert.

Transportation will be provided roundtrip from the Imperial Hotel Express (IHE) in Kisumu to all these Events. If you cannot attend all the Events, kindly let me know because transportation is costly and I will need to tell the hotel how many people will be at dinners. I can also provide you with contact info for (IHE) and assist in getting a group discount rate at the hotel. (Venues for restaurants are subject to change if renovations are not competed)

Thurs: 11/25, meet and greet dinner at Imperial Hotel (5 minute walk) 8 pm. 5 Artists and 11 - 12 musicians serving as art tutors and performing in concert, Senior Athletics Kenya officials, hosts of orphan dinner dances, International runners who pay $160 registration fee and doctors examining orphans are invited.

Friday 11/26, JIU PACHI, grant for painting lessons 10 – 4:30 (we can leave at 1 or 2 pm or stay till 4:30. If we leave at 1 or 2 pm we can go to Masai Market or go sightseeing. We will also be at JIU PACHI on December 2 and 3.

Sat: 11/27, orphan dinner dance, leave 11:30 am from Imperial Hotel Express (IHE) and return (IHE) 6 pm. 1 hour trip.

Mon: 11/29, orphan dinner dance, Masara, Kenya (Bonyo’s Kenya Mission), leave (IHE) 1 pm / return (IHE) 6 pm

Tues: 11/30, orphan dinner dance, leave (IHE) 11:30 am / return IHE 6 pm (Ebenezer Children’s Home, Siaya) Pre-marathon dinner at 7:30 pm at Imperial Hotel.

Wed: 12/1, World AIDS Marathon/half marathon, $160 includes attending 1 – 4 orphan dinner dances, painting lesson, meet & greet dinner, pre-marathon dinner & concert. Arrive at Jomo Kenyatta Sports Ground by 5:30 am – 6 pm. More details are on registration site.

Thurs: 12/2, orphan dinner dance at JIU PACHI 1 pm – 4 pm, leave (IHE) 12:45 and return to (IHE) 4:15

Fri: 12/3, concert at JIU PACHI, 10 am – 1 pm, leave (IHE) 9:30 am and return to (IHE) at 1:15 pm.

You don’t have to stay at this hotel as there are other hotels you can stay at, but it is centrally located, clean, and breakfast is served and there is a concierge and all rooms have A/C, television, phones and free Internet.
As a team Jodi & Richard Brodsky work tirelessly to eliminate the stigma of AIDS, give hope to others living w/ HIV & cancer, + offer hope to runners that they can run faster as they age. The Brodsky’s ran 19 marathons in the past 24 months. Richard is 69 and ran his fastest marathon in the past 2 years in ’21 Queens race. Jodi will run her 8th Boston Marathon in ‘21.

BEST NEWS EVER…
Jodi has agreed to run a marathon with me for my 100th birthday.

...but if you reach for the stars and don’t make it, you might find yourself in Kenya, a great place to run a marathon with elite Kenyan runners.
HIV+ brain cancer runner denied Boston Marathon entry
myemail@constantcontact.com/HIV-brain-cancer-runner-denied-Boston-Marathon... •
Apr 3, 2017 - Richard & Jodi Brodsky finishing the 2015 Miami Marathon. I will do everything I can to help eliminate the stigma of AIDS. There are people who have been accepted to the Boston Marathon in the past by making phone calls and writing compelling letters, but I have not been successful as I have already ...

Boston Marathon, HIV+ brain cancer #marathon #runner denied ... https://www.linkedin.com/.../boston-marathon-hiv-brain-cancer-runner-denied-access... •
Apr 15, 2017 - founder of World AIDS Marathon & 5K AIDS Cancer Run Walk, seeking to improve the lives of people living w/ HIV & cancer. Read why Reverend Wanda Faye Myers thinks it is imperative for Richard to run the Boston Marathon and how he can help others living with HIV and cancer. http://onta.co/2oeE9V

59 Years Young, HIV+ Brain Cancer Survivor Will Be Running Long ... www.makelivewire.com/.../59-years-young-hiv-brain-cancer-survivor-will-be-running... •
Apr 30, 2012 - ATLANTIC BEACH, NY -- (Marketers - April 30, 2012) - Richard Brodsky was diagnosed HIV-positive in 1997. In 2002 he was diagnosed with terminal brain cancer and given 2 - 4 years to live. Brodsky's goal is to run his fastest marathon time for his 4th straight time, Brodsky's last 3...

Richard Brodsky: Advocate | A&U Magazine
https://auamag.org | Features •
Feb 28, 2018 - Brodsky stays vigorous and vital by running marathons, including the Jerusalem Marathon, the Nova Scotia Marathon, and the New York Marathon. His Foundation sponsors. When Richard runs, he usually wears a T-shirt that sports the words on front, "HIV+ Brain Cancer Survivor” He's often compared to ...

Cancer and HIV survivor says he's running for his life | Miami Herald
www.miamiherald.com/sports/other-sports/article/1339389.html •
Jan 27, 2012 - The spirited, resilient Brodsky crushed the four-hour barrier with a 3:23:23 in the New York City Marathon the year after his HIV diagnosis. Whatever remains of his brain tumor is "dominant," she said, adding that fewer than 5 percent of patients with his type of aggressive tumor, glioblastoma multiforme, ...
You've visited this page many times. Last visit 1/24/17

11th annual 5K AIDS Cancer Run Walk by Richard M. Brodsky ...
https://groupreview.com/aidsancer18 •
I'm HIV+ since 1997, a brain cancer survivor since 2002, and a marathon runner for life. Running, leading a healthy lifestyle, and have access to medical care and medicine is keeping me strong. At age 65, seven of my last ten marathons have been my fastest since cancer. Finally, after running 56 marathons I qualified to ...

Cancer survivor continues to run with purpose | CTV Atlantic News
https://atlantic.ctvnews.ca/cancer-survivor-continues-to-run-with-purpose-1.3514689
Jul 22, 2017 - A man who lives with HIV and survived terminal brain cancer, is spreading his message of wellness here in the Maritimes. "Right now we are enjoying the ride, and you know, even if we get slower, he says one day we will be the fastest people marathon runners in the world. So we will shoot for that," says ...

LIFETIME FITNESS Invites 64 Yr Young HIV+ Brain Cancer Survivor ...
kennel.com/lifetime-fitness-invites-64-yr-young-hiv-brain-cancer-survivor-m... •
Jan 20, 2017 - Richard Brodsky is HIV+ since 1997, a brain cancer survivor since 2002 and a marathon runner for life. He ran his fastest marathon in NOVA SCOTIA since his terminal cancer diagnosis on July 24, 2016 finishing in 3:23:30. Says Richard, "my wife Jodi Brodsky (formerly Jodi Slansky), is the fastest Jewish ...
Special kids concert and painting

Activities
- Drawing
- Painting
- Music
- Dancing
- Singing

Art Lesson
November 26
@ Jiu PACHI
from 10.00am - 4.30pm

3rd December 2021
10.00am
1.00pm

Special Needs Kids Concert
@ Jiu Pachi

Lunch, Snacks and drinks will be served at both venues

Performing Artists
- Kysh Roberts
- Coster Ojwang’
- Gabiro Mtu Necessary

Thank you Mrs. Eunice Owino for hosting the event

Theresa Foundation & Richard M. Brodsky Foundation
Thank you to our sponsors, volunteers & participants...

...and Town of Hempstead for permitting use of park during COVID

205 participants registered for 14th annual 5K AIDS Cancer Run Walk (live and virtual) Baldwin Park June 6, 2021

...so much joy to be back running live races ...Richard & Jodi Brodsky above in orange ...certificate designed by R. Brodsky

www.5kaidscancer.com
www.richardmbrodsky.org
www.worldaidsmarathon.com
www.trebloon.com

For being a Sponsor for the 5K AIDS Cancer Run Walk. The Richard M. Brodsky Foundation donated $25,500 in cash, clothing and food relief to the following organizations: Center of AIDS Research & Treatment at Northwell Health and its Client Advisory Board (CAB); Charna Radbell Foundation; Community Chest South Shore; Dezy Strong Foundation; Family Health Centers Long Island FQHC; Five Towns Community Center, AIDS services; Options for Community Living; and St. John’s Episcopal Hospital. Thanks to our sponsors + PIP Signs, Marketing & Print of Inwood for donating banner + Maidenbaum Property Tax Reduction Group for donating printing, + raffle sponsors + REMYS’S of Hewlett, Runyon’s of Seaford, Rachel’s Waterside Grill of Freeport, Lido Kosher Deli and The Cabana of Long Beach for donating $6,500 in gift certificates to the runners and volunteers.

205 participants registered for 14th annual 5K AIDS Cancer Run Walk (live and virtual) Baldwin Park June 6, 2021

Option for Community Living showed up with 50 participants.

Donating $3,000 in clothing to Saint John’s Episcopal Hospital in conjunction w/ delivering-good.org and $20,000 in COVID-19 food relief in conjunction with allroundfoods.com to 5 Towns Community Center, Wyandanch Memorial High School, and Long Island FQHC.

The above video, https://youtu.be/L9p-MvADYKc, is a plea for everyone to take the vaccine. I’m 68, HIV+ and a brain cancer survivor. 6 weeks after taking my second Pfizer COVID-19 vaccine I ran my fastest marathon in the past 20 months. The video is also a plea for America to share its vaccine with poorer countries. 30 presenters from diverse backgrounds share powerful messages to end this global pandemic. Thank you to all presenters and Akarsh Lal, video editor/writer for your assistance.

The Richard M. Brodsky Foundation would like to extend its heartfelt thanks to St. John’s Episcopal Hospital
The Richard M. Brodsky Foundation invites you to be a sponsor for its 15th annual World AIDS Marathon in Kisumu, Kenya on December 1, 2021 and the 4 orphan dinner dances on Nov 27, 29, 30 + Dec 2. + providing medical care for orphans. Kindly indicate the donation you would like to make and mail your check in the enclosed envelope. Contact info: Richard Brodsky, richardm.brodsky@gmail.com or (516)770-7724. Diagnosing cancer + treatment is also a huge problem in Africa now and needs to be addressed.

- King of Africa $5,000
- A Star You Are $1,000
- A Song For Life $360
- A Rock Star $250
- A t-shirt for you $100
- A book for you $50
- Friend $25
- Other

Please make your check payable to the Richard M. Brodsky Foundation and mail to Richard M. Brodsky Foundation, 1247 Mara Court, Atlantic Beach, NY 11509. All donations should be received by Dec. 1, 2021. For online donations visit www.worldaidsmarathon.com or www.richardmbrodsky.org. Thanks for partnering with me and HELPING TO MAKE THE WORLD A BETTER PLACE THAN WE FOUND IT!
Thank you for celebrating with the only HIV+ brain cancer marathon runner!